PRAYER ACTIVITY

Transforming Butterflies

Equipment

Coloured paper (as bright as possible), scissors, butterfly template (for younger year groups you will need to cut out the butterfly shapes beforehand), pens, Blu-tack.

Set up

This activity works well with children who are facing the transition from one school year to another, or facing a move from one school to another.

Put the paper, scissors and butterfly template on a table, along with the pre-prepared butterfly shapes. Put the pens and Blu-tack with the paper butterflies.

You can stick the butterflies straight onto a wall, if the school doesn't mind, or to a large piece of paper. The butterflies look particularly effective stuck to a window, especially if you use thin paper.

Instructions

Changes happen all the time. Some people like change. Some people don't like change. Some people feel excited and others feel worried. It's OK to feel both.

If a caterpillar doesn't change, it will never become a butterfly.

Chose one of the paper butterflies.

If you want to, you can write or draw something that you have really enjoyed about this school year onto one of the wings. And then, on the other wing, write or draw something you are looking forward next year.